

PA MARCO, MOVEMENT ANALYSIS
By Cindy Reich



PA Marco's athletic prowess is clearly a result of his ability to move in absolute balance. His drive and impulse from behind is mirrored by his stride forward. Both diagonal legs in the air are describing a similar arc, with exceptional drive from behind. (Continued)



You can see that he has lowered his sacrum to get underneath himself and is moving forward in balance. As his weight passes over his supporting legs, both are at full extension and his gait is equal and round.



PA Marco's free motion is so balanced and rear-driven that one might be thinking "English motion", however that is simply because his drive from underneath has allowed him to rise thorough his shoulders with lovely, round motion. This National winner in Western Pleasure and Reining just proves the adage that "without proper motion you can never have an athlete". Form to function is the bedrock of all movement. You can't have one without the other.

Comments courtesy of Cindy Reich